








January 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Dress appropriately for EVERY practice inc. hair up; always bring water & poms!	**Buses for away games depart and return to Mt. Holyoke parking lot!	*Mark your calendars: End of Season Celebration is March 8, 2026 in the PAC!		1 	2 	3 VAR vs. Grove City (A) @ 300/ Bus leaves @ 130 JV vs. Grove City (A) @ 130/ Carpool FR vs. Grove City (A) @ 1200/ Carpool
4 ***JV and FR will need to warm up in the Mezzanine, GBB or Athletic Hallway prior to games on 1/7 due to a home gymnastics meet!	5 VAR=330-500 JV=330-500 FR=330-500 Lifting: 500-545	6 VAR=330-530 JV=330-530 FR=330-530	7 **SEE NOTE! VAR: Tumble Day  FR vs. Dublin Coffman (H) @ 615 JV vs. Dublin Coffman (H) @ 730	8 VAR=330-500 JV=330-500 FR=330-500 Lifting: 500-545	9 VAR vs. Dublin Coffman (H) -VAR girls' game @ 530 -VAR boys' game @ 730 **Athletic Hall of Fame Ceremony @ 700	10
11 BBK Cheer Clinic 330-530 (UA cheer arrival 245) Competition Gym	12 VAR=330-500 JV=330-500 FR=330-500 Lifting: 500-545	13 VAR=330-530 JV=330-530 FR=330-530	14 	15 VAR=330-500 JV=330-500 FR=330-500 Lifting: 500-545	16 VAR vs. Hilliard Davidson(H) @ 730 JV vs. Hilliard Davidson (H) @ 600 FR vs. Hilliard Davidson (H) @ 430 ***Clinic Performance!	17
18	19  NO SCHOOL/NO PRACTICE!	20 VAR vs. Central Crossing (H) @ 730 JV vs. Central Crossing (H) @ 600 FR vs. Central Crossing (H) @ 430 ***Teacher Appreciation!	21 	22 VAR=330-500 JV=330-500 FR=330-500 Lifting: 500-545	23 VAR vs. Hilliard Bradley (A) @ 730/ Bus @ 445 JV vs. Hilliard Bradley (A) @ 600/ Bus @ 445 FR vs. Hilliard Bradley (A) @ 430/ Carpool	24
25 ***Cheer will need to warm up in the Mezzanine, GBB or Athletic Hallway prior to games on 1/27 due to a home gymnastics meet!	26 VAR=330-500 JV=330-500 FR=330-500 Lifting: 500-545	27 **SEE NOTE! VAR vs. DeSales (H) @ 730 JV vs. DeSales (H) @ 600 FR vs. DeSales (H) @ 430	28 	29 VAR=330-500 JV=330-500 FR=330-500 Lifting: 500-545	30 VAR vs. O. Liberty (A) @ 730/ Bus @ 445 JV vs. O. Liberty (A) @ 600/ Bus @ 445 FR vs. O. Liberty (A) @ 430/ Carpool	31